



STROKE' 2016

KC Swimming Competition



Kailasapuram Club is conducting "**STROKE' 2016 - KC Swimming Competition**" at Kailasapuram Club, Trichy during 16th to 18th of Sep'2016. Details of the event are given below.

Individual Events (One lap for Kids below 12th Std and 2 laps for Seniors)

1. Freestyle (FS)
2. Backstroke (BC)
3. Breast Stroke (BR)
4. Butterfly (BF)

Team Event

Free Style Relay (FR) (4 laps) → Free Style features a group of four swimmers.

Category

<u>For School Students</u>	
<u>Cat 1</u>	3 rd Std & 4 th Std
<u>Cat 2</u>	5 th Std & 6 th Std
<u>Cat 3</u>	7 th Std & 8 th Std
<u>Cat 4</u>	9 th to 12 th Std

<u>Seniors</u>	
<u>Cat 5</u>	Age 17 – 25
<u>Cat 6</u>	Age 26- 35
<u>Cat 7</u>	36 and above

General Rules

- **Entry Fee for AN INDIVIDUAL participating in the INDIVIDUAL Events is Rs 50 PER EVENT.**
- **Entry Fee for THE TEAM for participating in the TEAM Event is Rs 100 PER TEAM.**
- Participants must wear Swimming Caps and Trunks.
- Use of Swimming Goggles is optional.
- Trials and Repeat Chances are not allowed.
- **Events will be conducted separately for Male & Female separately**
- Participants who fail to turn up during the event or reaches late to the event shall not be considered for participating in the event further.
- Participants will be disqualified if found violating the basics of different strokes/styles.

- Participants will be disqualified if they commit Foul Start more than Twice.
- Participants not completing the race or discontinuing the race will not be eligible for final evaluation.
- **Minimum entry per category for conducting the respective event is Five (5) else the event will be called off.**
- **Referee's Decision is the final and binding.**
- **Participants are allowed to take part in maximum two individual events ONLY out of the four events – Freestyle, Backstroke, Butterfly and Breast Stroke (One lap for Kids below 12th std and 2 laps for others).**
- Participants can decide which 2 events he/she is willing to participate out of the 5 events.
- **Freestyle Relay is a Team Event and should comprise 4 members of same sex and same category in one team compulsorily.**
- **Individuals participating in individual events are ALLOWED to participate in Team event also.**
- Events once decided and submitted through the registration form cannot be changed later.
- **Entry for all the events is restricted to BHEL Employees, Employee Wards & Students from BHEL Township Schools ONLY.**
- **School students should submit a Xerox copy of their School Identity card along with the registration form.**
- Events will be conducted Category wise - Style wise ONLY.
- Six Tracks are being planned for all the events and for all categories.
- **Selections will be based on time trials ONLY** (For Example, suppose there are 18 Participants registered for an event from a particular category, competition will be conducted 3 times with 6 participants each and the completion time will be recorded. After completion by all the 18 participants, the completion time will be consolidated and participants will be ranked in ascending order of their completion time. The top six participants will be selected for participating in the finals to decide the winners).
- In Free Style Relay Events, the completion time for four laps will be taken into consideration for evaluation and not the individual lap completion time.

--

KC MANAGEMENT COMMITTEE